



UC San Diego
RECREATION

Knock Around
Summer Camps 2009



REGISTRATION!
Saturday, February 28, 8:30am



Knock Around Camps Description and Requirements

The Knock Around Camps are built upon our belief that environment dictates a child's summer experience. Each summer we at Knock Around strive to create a low pressure, high energy, positive environment where children are encouraged to create friendships, explore their creativity, and have the time of their lives.

In each of our camps, children are introduced to a wide variety of activities designed to promote teamwork, self-esteem, leadership, cultural awareness, and friendship.

This summer we're offering six camp options. Look them over, if you have any questions, feel free to contact Derek Noack (The Rock) at 858 534 3911 or dnoack@ucsd.edu

In order to participate in any of our Knock Around Summer Camps, all campers must (at least) meet the following minimum requirements (each camp will list the age range of its campers):

- be 5 years of age prior to the first day of session of attendance.
- be potty trained.
- have the ability to understand and abide by camp rules.
- have the ability to understand and follow direction.
- have the ability to participate safely and effectively in a variety of physical & instructional activities.
- have the ability to pay attention without being disruptive.
- have the ability to understand consequences of inappropriate behavior.
- have the ability to feed themselves.
- have the ability to dress themselves with minimal assistance.
- have the ability to interact with peer group in a civil manner.
- have the ability to understand basic safety issues.
- understand how to respect others and their personal belongings.
- be able to communicate needs to camp staff.

Counselors

Our counselors are positive, energetic, highly motivated UC San Diego students or recent alumni. We believe it is our counselors that separate Knock Around from many other day camps in San Diego. As college students, the counselors can play an active role in each child's life as a positive role model. They create an energetic and open atmosphere that helps campers feel comfortable to be themselves.

All counselors are:

- certified in CPR and First Aid
- familiar with the UCSD campus
- experienced in working with children
- positive role models

Knock Around Day Camp

8am-4:45pm

Heading into its 19th summer, the Knock Around Day Camp is a coed, full-day camp for children ages 5 – 11. Nestled between Muir and Revelle College, in the Main Gym facilities, Knock Around day camp takes advantage of our unique access to UCSD's vast resources in creating a daily schedule that keeps children active and occupied from the early morning until the late afternoon.

By blending scheduled activities with free play time, Knock Around Day Camp provides children the opportunity to learn new skills, develop game strategy, and engage in positive social interactions in a friendly, extended family type of environment.

Knock Around Beach Camp

9am-4pm

Located just next to the Scripps Institute of Oceanography (SIO), our new beach camp will take the Knock Around philosophy and apply it to the beach. Campers will be taught the basics of marine biology, receive surf lessons, hike to tide pools, build sand castles, and play on the beach.

We're going to hire two surf instructors who are certified lifeguards and they will be present the whole camp day. We will also adhere to a ratio of three children to every one adult when playing in the ocean.

This camp is for children ages 8 – 14, and will run from 9am to 4pm. Before Camp Care will run from 8am – 9am and cost \$30 per two week session. After Camp Care will be made available until 5pm and cost \$30 per two week session.

Dr. Doc Dodgeball Camp

8am-4:45pm

In it's inaugural year, Dr. Doc-Around is a camp designed with one thing in mind, Dr. Dr. Domination! For ages 8-12, each energetic day will be filled with Dr. Dr. Dodgeball related activities as well as insight, tactics, and various forms of the classic game. If your camper is new to the game, or looking to hone their skills, then Dr. Doc-Around is the place for them.

Leadership Camp

Don't let the name fool you; this camp means fun, and plenty of it!

Leadership Camp is for campers entering 7th, 8th, & 9th grade. Each session offers a theme around which the camp experience is based. Designed to capitalize on the positive environment of Knock Around, Leadership Camp is a unique place for young teens where they can interact with great role models as well as form friendships with their peers in a low pressure, active environment. In the afternoons, Leadership Campers will have the opportunity to practice their leadership skills with the younger Knock Around kids. This summer we are offering 4 two-week sessions and 2 one-week sessions. Leadership Camp is run in conjunction with the Knock Around Camp.



Sessions



Session I - Theatre – June 15-19

\$166

Campers will write, direct, and act in a play performed the last day of the session.



Session II - Food Frenzy - June 22-July 3

\$350

Campers will take a turn in the kitchen, learning safety and proper procedures when preparing meals. We will share recipes and prepare some of our own meals. At the end of the session we will put into practice what we've learned, preparing a meal in celebration.



Session III - Outdoor Adventure - July 6-17

\$370

Campers will learn fundamental backpacking skills and rules for leading expeditions. The second week we will go camping with UCSD Outback Adventures, with two of their guides leading the trip.



Session IV - Ocean Life - July 20-31

\$350

We will learn a little bit more about the world of the deep blue sea. During week two, we are planning to visit the Stephen Birch Aquarium, go sea kayaking at La Jolla Shores and take a field trip to the beach.



Session V - Shutterbug and Multimedia – August 3-14

\$350

Cheeeese! In this session we will explore digital media. As a group, the campers will decide on a project utilizing photography and video. Each individual camper will also complete his/her own mini-photo portfolio.



Session VI - Team Sports - August 17-21

\$166

We will hold our own summer Olympics. The campers will be divided into separate teams to compete in our own Leadership Camp Olympics. In addition, we will learn and review the rules to several of the world's popular team and individual sports.

See 'How to register' on page 4 of brochure for information.

Counselor in Training Program (ages 14+)

Designed for high school students who have completed our Leadership Camp and wish to learn what it's like to be a counselor at Knock Around. All Junior Counselors will be placed into a group, alongside two full time counselors and asked to take on certain responsibilities, including: dynamically interacting with the campers, facilitating games and projects, monitoring the safety of camp and participating in the various camp activities. In exchange, Junior Counselors will gain positive workplace experience, leadership skills, an environment to grow creatively and the extreme satisfaction that comes with being a mentor to younger children. Space is limited to four Junior Counselors per session. For application process, please check the web or email The Rock at dnoack@ucsd.edu.

How to Register

The form on the inside cover must be used for all Knock Around Camps registration. Please fill out form completely. Please be sure to include a phone number and email address. There are NO mail-in or fax-in registrations; we will only accept walk-in registration.

Registration dates - UCSD faculty/staff/students or returning families from 2008 registration will take place on **SATURDAY, February 28, 8:30am**, at the RIMAC Sales Desk (see map and driving directions below).

Eligibility for registration - In order to process your registration, you must have proof of affiliation to UCSD (bring your official UCSD I.D. card) or you must have had a camper attend one session of summer, 2008. We will check our records.

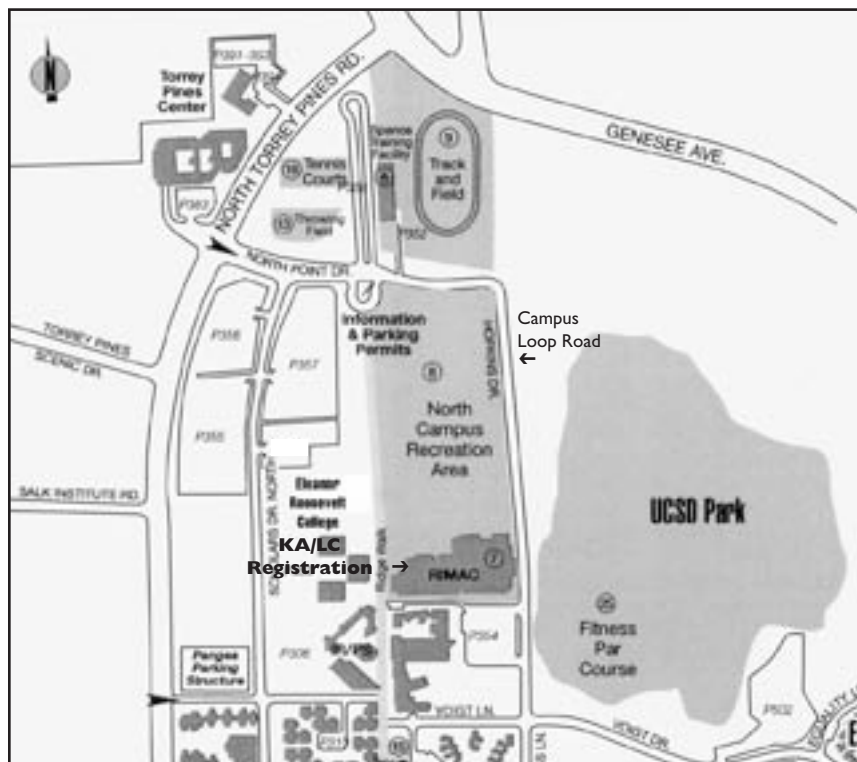
Refund policy - Refund requests must be made no later than two weeks prior to the first day of the session. No REFUNDS once camp has started. To make a refund request, please email: dnoack@ucsd.edu. Refunds will be charged \$40 per child for each session, which will be deducted from your registration fee.

Camp registration rules:

1. You may register your own family member(s) or send someone in your place, but you cannot do both, i.e, Cathy Smith is enrolling her son Gavin for camp. She cannot bring her neighbor's registration form.
2. No one can save a space in line for someone else.
3. RIMAC facilities open at 7:30am on Saturdays. If you arrive early, please form a line and registration will start at 8:30am.
4. Registration order is set on a first come, first served basis; spaces are limited.

For more information please contact Derek Noack at dnoack@ucsd.edu or (858) 534-3911.

Map to RIMAC



Driving Directions: From I-5 (Interstate 5) to Genesee Avenue:

Go west on Genesee. Turn left (south) in N. Torrey Pines Rd. (far left lane). At the first light (Northpoint Drive), turn left. At the first stop sign (Scholars Drive North), turn right. Turn into Parking Lots 351 or 357 on left. Follow Ridge Walk (sidewalk) south to RIMAC. Parking is FREE on weekends!